

Have Safety Related Questions?

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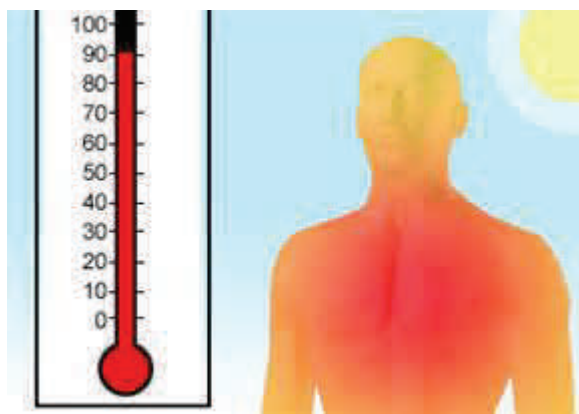
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HEAT ILLNESS PREVENTION



As we progress into the upcoming summer months our [Heat Illness Prevention](#) campaign begins. **HEAT ILLNESS CAN BE DEADLY.** Every year, thousands of workers become sick from exposure to heat. **These illnesses and even fatalities are preventable.**

What is heat illness? The body normally cools itself by sweating. During hot weather with high humidity, sweating isn't enough. Body temperature can rise to dangerous levels if precautions are

not taken.

[Heat illnesses](#) range from heat rash and heat cramps to heat exhaustion and heat stroke. Heat stroke can result in death and requires immediate medical attention.

How can heat illness be prevented? Remember three simple words: **water, rest and shade.**

- Drink water often, take breaks, and limit your time in the heat to prevent heat illness.
- Request heat illness prevention training from District Environmental Health & Safety at X4070 or log on to <http://www.sbccd.keenan.safecolleges.com/login> and take training online at your convenience.
- Employees should gradually build up to heavy work loads in hot conditions, so they can become acclimated.
- Also it is important to know and look out for the symptoms of heat illness in yourself and others during hot weather.
- Plan for an emergency and seek immediate medical attention by calling 911 if you or a co-worker show signs of heat illness—**acting quickly can save lives!**

For additional information and or training resources for Heat Illness Prevention, contact District, Environmental Health & Safety at X4070 or email wfields@sbccd.cc.ca.us

SAFETY COMMITTEE MEETINGS-MAY 2013

May 2013

- ♦ **CHC Safety Committee:** 05/13/13, Monday, LADM 161, 1PM-2PM
- ♦ **District-Wide Safety Committee:** Continued in fall 2013
- ♦ **District Sites Safety Committee:** 05/17/13, Friday, SBCCD Conference Room 2, 2PM-3PM

REPORT SAFETY HAZARDS VISIT EH&S AT:

http://www.sbccd.org/District_Faculty_-_a-Staff_Information-Forms/Environmental_Health_and_Safety/Forms/

COMMUNITY EMERGENCY RESPONSE (CERT) TRAINING IS HERE!

In house campus Community Emergency Response Team (CERT) training has arrived! District Police, Environmental Health & Safety and key faculty and administrators at CRAFTON HILLS COLLEGE have worked diligently to bring CERT training to the District. The first CERT class will be held this summer and preparations are underway. Want to make a difference on campus or your neighborhood community? Then CERT training is for you.



What is Community Emergency Response Team (CERT) training?

The **Community Emergency Response Team (CERT)** program educates people about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood or workplace following an event when professional responders are not immediately available to help. CERT members also are encouraged to support emergency response agencies by taking a more active role in emergency preparedness projects in their community. **RSVP now, we only have 50 slots open.** Email Sgt. Chris Tamayo with SBCCD, College Police at ctamayo@sbccd.cc.ca.us or Whitney Fields with District EH&S at wfields@sbccd.cc.ca.us to secure a slot for this summer.

DEFENSIVE DRIVING ON CAMPUS



Driving safely on and around campus is essential. With the increased congestion on campus in vehicular, cart and pedestrian traffic coupled with construction operations, safety and caution are absolutely critical.

Campus drivers need to use caution at all pedestrian crossings, i.e., intersections, crosswalks, malls, parking lots, and other unmarked areas. And don't forget to always look behind you before backing up and putting your cart in reverse. Follow the below tips to avoid accidents and injuries.

- Look and yield the right-of-way to individuals walking, jogging, biking, etc.;
- Do not allow technology (cell phones, message testing, web browsing, adjusting equipment or radio operation) divert your attention
- Stay focused and alert at all times. Practice short glances and avoid prolonged staring
- Pedestrians, even college students and employees, can be unpredictable, so expect the unexpected

For additional information on defensive driving log on to <http://safety.nmsu.edu/news/updates/bestpracticecampusdriver.html> or call District Environmental Health & Safety at X4070 for additional information. Online Defensive Driver training can be taken anytime at your convenience by logging on to <http://www.sbccd.keenan.safecolleges.com/login>

CAL OSHA—SERIOUS INJURY REPORTING REQUIREMENTS

Just a reminder that it is the responsibility of the District to report fatalities, serious injuries/illness, pesticide-related poisoning and serious exposure incidents and catastrophe's to Cal-OSHA immediately by telephone or facsimile to the nearest District Office of the Division of Occupational Safety and Health as soon as practically possible, but no longer than (8) hours after the employer has knowledge of the incident. The information that shall be provided to Cal-OSHA shall include the following:

- Time and date of accident event;
- Employer's name, address and telephone number, description of accident event and if the accident scene has been altered;
- Name and job title of the person reporting the incident, nature of injuries;
- Address of accident/event site, name and address of the injured employee (s)

Employers who fail to report the occurrence of a fatality or a serious injury or illness to the nearest District Office of the Division as soon as practically possible, but no longer than eight (8) hours after the employer knows or with diligent inquiry would have known of the occurrence of the accident event, shall be cited for a failure-to-report violation of 8 CCR Section 342(a). If you have any doubt on our requirements for reporting a serious incident, please immediately contact Human Resources X4040 or District Environmental Health & Safety X4070 to report the injury in a timely manner to [Cal-OSHA](#).

FACTS SHEET: CLEAN UP SAFELY AFTER A DISASTER



As employees of the District and Disaster Service Workers, we should be fully aware of the expectations to clean up safely after a disaster. Important tips should include and not be limited to the following:

- Stay away from damaged buildings or structures that have not been examined and certified for re-entry by an inspector
- Wear hard hats, goggles, heavy work gloves, and watertight boots for cleanup work
- Carbon monoxide can cause illness or death so look out for gas leaks or the potential for gas leaks
- Remove and discard items that cannot be washed and or disinfected
- Never turn power on or off or use electric tools or appliances while standing in water

General Safety Measures

Log on to <http://emergency.cdc.gov/disasters/cleanup/facts.asp> to get additional information on the following:

- Reentering buildings/general safety measures/carbon monoxide/mold and cleanup

APRIL—NATIONAL EARTHQUAKE PREPAREDNESS MONTH SUCCESS!

Closing out our academic year, the District should be proud with our current emergency preparedness readiness. To date we have participated in the following and have conducted the following training to highlight our success.

- SBVC/CHC/District Site participation in the Great California Shake Out—October 2012 (Mass evacuations and testing our emergency notification system—Blackboard Connect and Informa Cast)
- SBVC/CHC/District Site participation in April National Earthquake Preparedness Month—April 2013 (Mass evacuations and testing our emergency notification system—Blackboard Connect and Informa Cast)
- Live Active Shooter/Lockdown Trainings at SBVC/CHC/District Sites & providing accessibility to review those training on line at [EH&S online training](#)
- Door hardware replacement projects at SBVC/CHC are underway to protect employees during a potential Active Shooter/Lockdown incident on the campuses
- Continued development of our Building Captain programs at SBVC/CHC/District Sites
- Providing new search & rescue, emergency supplies for each building at the District Sites and CHC
- The SBCCD is now officially certified to conduct [Community Emergency Response Training \(CERT\)](#), which will be underway in the Summer of 2013

