

# DEVELOPING A SUCCESSFUL YOU

## Need:

- **Direction?**
- **Confidence?**
- **Decision making skills?**
- **Attend a workshop & FIVE WEEK small group sessions between June 9- July 17**

Sign up for one of the **FREE** groups:

- **Monday's 10:00 am-11:00 am or 11:00 am-12:00 pm**  
*(Begins June 9th)*
- **Tuesday's 12:00 pm-1:00 pm or 2:00 pm-3:00 pm**  
*(Begins June 17th)*
- **Wednesday's 10:00 am-11:00 am or 11:30 am-12:30 pm**  
*(Begins June 11th)*
- **Thursday's 12:30pm-1:30pm**  
*(Begins June 12<sup>th</sup>)*

**Location:** Student Health Services Building

**Sponsored by:** Student Health Services,  
(909)384-8924

**Presenter:** Kindra Edmondson, M.S. M.F.T.I  
(kedmonso@csusb.edu)



San Bernardino Valley College provides quality education and services that support a diverse community of learners.