





SBVC student ambassadors are helping to educate their peers about COVID-19 vaccines as part of the COVID-19 Student Ambassador Program. Four SBVC students received training from the Inland Empire Health Plan (IEHP) Community Health Teams and the San Bernardino County Department of Public Health on how to increase COVID-19 vaccine awareness and education among their peers. While stationed at booths across campus, the student ambassadors give presentations on the vaccine, promote pop-up vaccine clinics, help schedule appointments, and distribute educational materials and swag. "Education

is key, and if provided, I feel that each person will make an informed decision," SBVC Student Ambassador Sophia Zamora said. "As an ambassador, I hope to spread the word that lack of insurance, immigration status, or having permanent housing doesn't disqualify anyone from receiving vaccinations and boosters." The program is set to run through March 31. The student ambassadors receive a stipend for working 16 hours per week, and it is Sophia's hope that they have been empowered with "all they need to spark conversations that will ultimately lead to healthier students and communities."

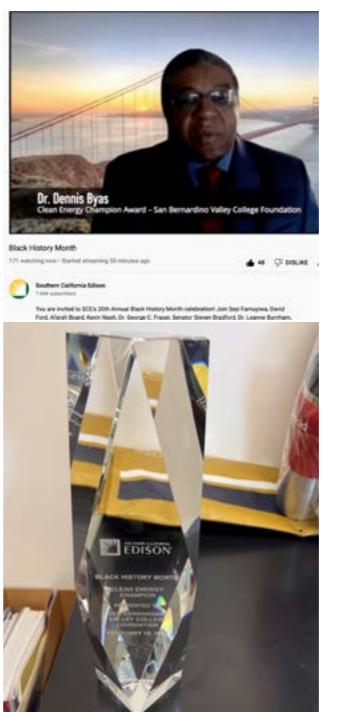
MACHINIST TECHNOLOGY STUDENTS HELP TO BUILD TELESCOPE BASE FOR RETIRED SBVC TRAINER

The stars have aligned, and now retired SBVC athletic trainer and board member of the SBVC Foundation Michael Sola has a powerful telescope he can move with ease. Last June, Sola approached machinist tech professor Miguel Ortiz and asked if he could work with the program to build a mobile base for his telescope. Ortiz designed the base, Sola purchased the material, and students enrolled in summer machining courses got to work making some of the parts. In the fall semester, Sola signed up for lab courses and collaborated with Ortiz and other students to manufacture the rest of the components. It took 11 weeks to finish the project, from designing the base to assembling it. After a successful test, Sola was able to take the telescope home, where he now uses it in his

backyard. The Machinist program's 600-level courses are all labs, and students can come in with their own ideas for products and try to make them come to life. They have the chance to make and remake parts, and try new features on the machines, gaining extra experience. A lot of great ideas have been brought to the lab, where one individual is now working on a piece of fishing gear that makes it easier to lure in fish. The program has an "entrepreneurial" spirit, Ortiz said, and he works with students to "take what is in their mind's eye" and make a model that they can use to manufacture the necessary parts. "Computer aided drafting is the tool that allows us to match each other's vision," Ortiz said.

HGHIGHTS

RECEIVES CLEAN ENERGY CHAMPION AWARD



San Bernardino Valley College is at the forefront of teaching the next generation of battery-electric truck technicians, and those efforts were celebrated in February by Southern California Edison.

The San Bernardino Valley College Foundation received the 2022 Clean Energy Champion Award during SCE's 20th Annual Black History Month Celebration. The event was streamed online and featured a short video about SBVC's Heavy/Medium Duty Truck Technology department, featuring Professor Kenny Melancon, SBVC Foundation Board President Dr. Dennis Byas, and SBVC Foundation Director Mike Layne.

Lisa Cagnolatti, SCE's senior vice president for customer service, introduced the award, and shared that the SBVC Foundation was chosen for several reasons, including its longstanding partnership with SCE and the foundation's commitment to securing scholarships for STEM (science, technology, engineer, and mathematics) students.

"With our goal of cleaner air by 2030, these students will learn the skills necessary to enter the electric vehicle and clean energy fields, where technicians who know the latest technology will always be in demand," Cagnolatti said.

Grants from SCE have helped SBVC purchase the latest equipment needed to provide a top-notch education, and Layne said contributions to the SBVC Foundation have a "legacy impact," as they go to programs that empower students to set out on careers that will change their lives in "a meaningful way."

The California State Assembly also presented the SBVC Foundation with an acknowledgment of the special honor, sending a certificate in recognition of SBVC's receipt of the SCE Clean Energy Champion Award.

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SBVC PROMOTES SELF CARE AND WELLNESS FOR CAMPUS MEMBERS

helping to get students, faculty, and staff moving again by offering Fitness Fridays and re-introducing an updated Campus Walkability Map.

SBVC Interim President Dr. Scott Thayer wants 2022 to be a year of wellness for the campus community. Student Health Services is offering virtual events this spring, and the campus walkability map has been reintroduced for March, now that Wolverines are firmly back on campus. The offices of Professional & Organizational Development and Student Life have also teamed up to promote Fitness Fridays, a free, virtual way for SBVC students and employees to get their heart rates up.

"Whether we're working/learning remotely or in person, it's important for students and staff to take care of their physical and mental health," Student Activities Specialist Marie Maghuyop said.

On Fitness Fridays, personal trainer Michaela Niesen provides a 35-minute HIIT class on Zoom. HIIT stands for "high-intensity, interval training," and combines short bursts of intense exercise with lower-intensity exercise and resting. No equipment is needed.

Rania Hamdy, Coordinator of Professional & Organizational Development, is promoting Fitness

This spring, San Bernardino Valley College is Fridays to staff and faculty, while Maghuyop is spreading the word to students. On average, about 20 to 30 people have participated in each class, and they expect more people to join in as the semester goes on. All classes start at 9 a.m., with upcoming sessions scheduled for April 1, 15, and 29 and May 6 and 13.

> At the start of the pandemic, Student Life promoted several virtual wellness activities, including Zumba and yoga classes, and Maghuyop is happy to see this continue with HIIT classes.

> "We hope that it's a fun and easy way for folks to take time out of their busy schedules for a little bit of movement and exercise," she said.

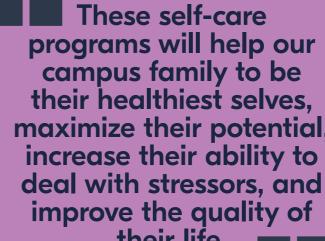
> SBVC is also emphasizing mental health resources and group care for its campus community. Student Health Services has continued to host "Together We Thrive", a weekly group counseling session over Zoom that covers topics like self-care, sleep hygiene, and handling depression. Virtual counseling has also remained available, some of which operates after-hours with a 24/7 text service that connects faculty and students with mental health professionals. SBVC Interim President Dr. Scott Thayer hopes the wellness offerings at SBVC will allow students and staff to better manage their well-being and overall health.



Campus Walkability Map

These self-care programs will help our campus family to be their healthiest selves, maximize their potential, increase their ability to deal with stressors, and improve the quality of their life.

- Dr. Scott Thayer San Bernardino Valley College Interim President

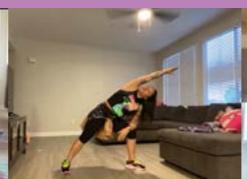








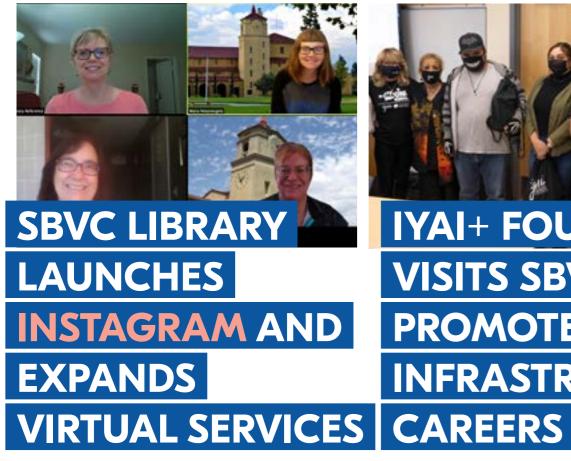








SNAPSHOTS





Despite the pandemic, the SBVC Library is reaching more students than ever before. SBVC librarians have hosted a Library Workshop every Monday and Tuesday this semester via Zoom, where students can drop in for research assignment help, database assistance, or just to ask questions about the Library. The department also recently launched its own Instagram account, promoting campus events, recommended readings, and various resources on themed topics. This month, the circulation desk featured suggested literature and décor on display commemorating Black History Month. The library has also become more involved in promoting national diversity events and resources, such as the Lunar New Year Celebration from the Smithsonian National Museum of Asian Art. The Library aims to continue to be accessible both virtually and in person to help students satisfy their academic goals and personal interests.

Introducing Youth to American Infrastructure (Iyai+) founder Dr. Beverly Scott recently visited San Bernardino Valley College during a campushosted lyai+ session. Iyai+ is a national nonprofit that strives to inspire young people, especially those from historically underrepresented groups, like women and people of color, to start careers in the country's critical infrastructure sectors. SBVC and Iyai+ have partnered for a special lecture series, bringing representatives from 20 participating organizations, including Metrolink, Southern California Edison, Caltrans, and Omnitrans, to campus, discussing career possibilities, internships, and scholarships. "At Iyai+, we are honored to partner with San Bernardino Valley College and a host of distinguished national, state, local, and regional infrastructure sector organizations to bring our unique Infrastructure Careers Awareness programming to the Inland Empire and Southern California region," said Dr. Scott.



Erica Hrdlicka recently reflected on 20 years with the SBVC Child Development Center (CDC), having first served as an SBVC student worker before becoming a full-time preschool teacher. Hrdlicka was born in Romania and lived there before moving to Loma Linda, California. She became a U.S. citizen and enrolled at SBVC before transferring to California State University, San Bernardino. She began working at the CDC and has remained with the facility ever since. "That was a proud moment for me," Hrdlicka said of when she was promoted to Child Development Teacher. "I was finally able to be part of the SBVC family that cares so much for others. Here, I am able to make a change in other people's lives. SBVC is a place where everybody is welcome." Last May, Hrdlicka was honored for her contributions to the children of students and staff at the college during Teacher Appreciation Month. Her photo was featured on billboards across the Inland Empire.



The San Bernardino Valley College Athletics Department welcomed back to campus Dino Ebel, a celebrated alumnus who was inducted into the SBVC Hall of Fame in 2012. The current Dodgers third base coach came and spoke to this year's baseball team to motivate them for their season opener in February.

Ebel was a two-time conference champion while attending SBVC, before winning a national championship at Florida Southern University. He moved into coaching, leading him back to San Bernardino in 1997 as the manager of the San Bernardino Stampede. He again rose through the ranks as a coach in the Dodgers organization, before joining the Angels organization as the manager of the AAA Salt Lake Bees, then joining Mike Scioscia's staff as a coach in 2005. He rejoined the Dodgers in 2019 as the third base coach, and in 2020 won a World Series championship with the Los Angeles team.

NINA SIMONE Todd Heibel It is important for people to understand how our Black culture came to be, because we are more than just African heritage. We're a combination of a lot Guest Speaker Anthony Trucks of different cultures

and heritages, which created I think a very unique population of individuals, which is our Black population.

- Shalita Tillman Black Faculty and Staff Association



BLACK HISTORY MONTH AT SBVC

San Bernardino Valley College celebrated Black History Month in February with a combination of virtual and outdoor events, ensuring that all students had the opportunity to safely mark the occasion.

One online event, Jazz and the Civil Rights Movement, was held on Feb. 10. Flutist Galen Abdur-Razzag led a virtual evening of music and education, where he presented a lecture, performed several musical pieces, and answered questions from the audience at home. His goal was to provide students with an understanding and appreciation of this art form, its cultural background, and historical significance. Notably, that jazz was an instrument of expression during some of the most difficult periods in American history and is also considered an important pathway to a greater appreciation of music in general.

In the SBVC Library, a curated selection of books and magazines were showcased by the Circulation Desk as recommended reading for Black History Month. The SBVC Umoja-Tumaini Club also hosted a virtual event called "Unsung Black Heroes" to discuss the lives and legacies of African-American pioneers that are less well-

The Student Equity division then hosted guest speaker Anthony Trucks on campus to inspire the campus community. Trucks is a former NFL Athlete, American Ninja Warrior on NBC, international speaker, podcast host, author, and founder of Identity Shift coaching. He discussed being put into foster care at the age of 3, being adopted into an all-white family at the age of 14, losing his NFL career to injury and more. He encouraged students to overcome adversity and turn obstacles into opportunities.

Shalita Tillman, president of the Black Faculty & Staff Association, spoke to SBVC Interim President Dr. Scott Thayer about Black History Month for the SBVC Campus Podcast. She said that it is important to let the SBVC community know not just about Black History Month events held on campus, but also outside offerings taking place across the Inland Empire and in Los Angeles.

"Black History Month is not just Black History Month," Tillman said. "For me, Black history is 365 days a year. I live Black history every day, so I'm hoping that we can change that trend of keeping Black History Month in this box, and expand on that."

On February 28, the BFSA also hosted a special basket opportunity drawing, raising over \$2,000 for student scholarships from the generosity of campus and district employees.

By hosting and promoting Black History Month events, SBVC is keeping the community informed and engaged, allowing the broader community to understand "how our Black culture came to be, because we are more than just African heritage," Tillman said. "We're a combination of a lot of different cultures and heritages, which created I think a very unique population of individuals, which is our Black ", population



PROGRAM SPOILGHT

The Valley 360 Resource Center has expanded its offerings to include hot meals made from scratch by staff and culinary arts students.

This is "a great benefit for our cafeteria staff to be able to continue to work and prepare these meals for our students, as well as our culinary program students who need to practice working through cooking and preparing foods," SBVC Interim President Dr. Scott Thayer said during a recent episode of his Presidential Podcast. "It's a benefit not just to the students receiving the hot meals but also for the cafeteria and culinary program."

Open Tuesdays and Wednesdays from 10 a.m. to 3 p.m., the Valley 360 Resource Center, located next to the library, is free and open to all registered students. About 50 hot meals are available daily, on a first come, first served basis, along with frozen meals, snacks, fresh fruits and vegetables, and non-perishable and diet-specific items.

The resource center doesn't stop at food: students can also get essentials like soap, shampoo, toilet paper, feminine hygiene products, baby food, and diapers, as well as information on how to acquire clothing, housing, and technology. Dr. Raymond Carlos, Director of Student Life and the Valley 360 Resource Center, told Thayer on his podcast that there is an "outstanding team of professionals and student employees there to assist you," and that they are especially happy to help first-time visitors.

Carlos said the Valley 360 Resource Center has a "strong partnership" with Community Action Partnership of San Bernardino County and Feeding America Riverside, and is also sustained thanks to the



SBVC Foundation, Associated Student Government, and individuals on campus, who even donate fruit from their gardens. This support is "critical" and "remarkable," he said, and keeps Valley 360 going.

Since July 2020, close to 3,000 people have utilized the Valley 360 Resource Center, including about 300 this semester, and it has come a long way since its early days.

What "started out as faculty and staff just having snacks in their offices," Thayer said, has evolved to "having a centralized location providing these much-needed resources for our students, especially during this time."

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